

The magazine of Brighton Hash House Harriers (twinned with Bangkok Hash House Harriers)

Runs/trash #112 September 2006

http://www.brightonhash.co.uk/

All runs are on Mondays meet at 19.30 for 19.40 start

All directions/ timings are approximate and start from Patcham roundabout A23/A27 junction (unless stated).

Date#No.On OnAreaMap refHaresTel. No. (hare)4th September 2006 1472John Harvey Tavern, Lewes422 103Grahame & Phil01273 509958Directions: Take A27 east to Lewes. Over 1st roundabout then left at 2nd through Cuilfail Tunnel. Left at next roundabout,
then left again. After Dorset Arms turn right for public car park. Walk through to pub opposite brewery shop. Est. 20 mins.

11th September 2006 1473 Plough, Plumpton Green Julia & James 01273 479200

Directions: A23 north. Filter off at Pyecombe over Clayton Hill on A273. Right on B2112 through Ditchling. Right at Ditchling Common. Pub on right at t-junction. Est. 20 mins.

17th September 2006 XC Birling Gap Hotel, nr. East Dean 554 961 Bouncer & Nicola 01273 441611
SALLY AND JAMES' HASH WEDDING HASH - SUNDAY 11am

Directions: A27 east past Lewes to Beddingham roundabout. Right on A26 to Newhaven. Left on A259 to Friston. Right on Gilberts Drive to Birling Gap. Right at end for Hotel or car park on left. Est. 30 mins.

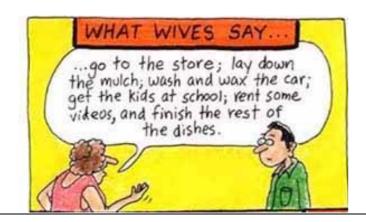
18th September 2006 1474 Jack & Jill, Clayton 299 143 Pete B and Andy E 01273 887579 Directions: North on A23, stay in left hand lane and filter on to A273. Pub on left after Clayton Hill. Est. 5 mins.

25th September 2006 1475 Steyning George Baxter 01273 887579

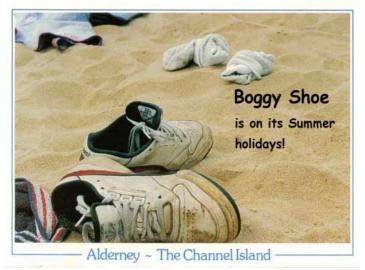
30th September 2006 XC French hash in Montreuil - book now! Niel/ Greyhound special

2nd October 2006 1476 Thatched Inn, Keymer 315 158 Steve 01273 842778

Directions: From A23 follow A273 over Clayton Hill. Take B2112 towards Ditchling. Take left turn after 1 mile, then left at t-junction and immediately right up Ockley Lane. Pub is set back about 1/2 mile on left. Est. 15 mins.







REMINDER 2 – French trip – Montreuil, 30th SeptemberVarious folk are involved with the organisation. Choose from Don, Chris, Tony or Niel for hotel options etc. Evening meal allegedly as last year t Le Coquempot.

Location

This picturesque medieval town is still sometimes known as "Montreuil-sur-Mer", a reminder of its nearness to the sea before the silting up of the Canche estuary.

Restaurant

The restaurant Le Cocquempot has been run by the Pousset family for 13 years and is in a picturesque bourgeois mansion dating back to the 1870s on place de la Poissonnerie, in the centre of the town. The dining room (non-smoking) is of the period and is typically French, with a parquet floor, corniced ceilings, and fireplaces. The restaurant is closed on Mondays (huh!) all year round, and

on Wednesdays out of season. A little apart from the restaurant, on the right as you enter the building, is a well-stocked, wood-panelled bar (cool!).

REMINDER 1 - Sally "T-bar" and James "P!ssticide" wedding and post nuptial hash:

James Rogers and Sally Flood

Invite you to an evening Party in celebration of Our Marriage

On

Saturday 16th September 2006

At

Birling Manor, East Dean, East Sussex

6.00pm Open House 8.00pm Celebration Party



Post-nuptial Honeymoon Hash on 17th September starts at 11.00am from Birling Gap Hotel. Hares Nicola "Black Stockings" Williams, and John "Bouncer" Biggins promise an interesting trail trial for your amusement with a short option of about 3 miles, for the lame, lazy, and walkers; a medium option of about 5 miles for regular half-minds; and a long (mostly unmarked) for the usual well-known transgressors (Spreadsheet, Gotlost and Wiggy probably on a Sunday runners option!).

For those who make it back in time, there will be an exchange of vows "Hash style" at 12.30pm subject to the arrival of Worst Boy and MC, Martin "Fat Controller" Young (which, let's face it, means you're in with a pretty good shout of getting there before!). On on, once last nights beer is downed will be at the Birling Gap hotel. This marks an important date in the Brighton Hash calendar as we giveth away unto another chapter oneth of our own so don't miss it!

The Brighton & Hove Estate Agents Assoc., is organising a 5 mile Run, The BHEAA Stanmer Stagger at 10am, Saturday 23rd September.

It is open to all levels of runners and joggers, raising money for Shelter, the housing and homelessness charity, and local charities: SERV, A Charity delivering Emergency Blood and Blood products through the South East; Radio Reverb, a local not for profit Community Radio Station; ARDIS, a local Alzheimer's support Charity.

The money raised will be split with 80% being donated to Shelter and 20% being split equally between SERV, Radio Reverb and ARDIS. We are hoping to have in excess of 200 entrants with a maximum field of 500. If we each raise £50, it's a lot of money! Our target is £25,000!!!

You do not have to be a BHEAA member to participate. We hope you, friends and family will take part, to make the most of the day. YOU DO NOT NEED TO BE AN ATHLETE!!

Put it in your diary now, and please pass the registration & sponsorship forms around *(copy page 4)*, fill the registration form in and return with appropriate cheque.



Sally with a previous boyfriend (left), and how she won James over (below):



WANCH BEED IS COLDED?

It's chestnut with a hint of spice and toffee tang. Yes, a fine glass of beer By Neil Tweedie (Filed: 02/08/2006)

One of the great pleasures of wine is the gloriously pretentious language one can use to describe it. So the 1990 Montrose St-Estephe Bordeaux is not simply fruity and full-bodied. Oh no. It is, as one expert recently explained, "huge, corpulent, awesomely endowed", with a taste redolent of "new saddle leather and grilled steak".



Camra's Nick Whitaker with a pint of Crouch Vale Brewers Gold

Now, in an attempt to boost beer sales, the Campaign for Real Ale has done the same thing to the humble pint. Yesterday it unveiled its Cyclops scheme, which aims to give newcomers an accurate guide to what they are about to drink.

The system echoes that of some wine makers in using a one-to-five scale for sweetness and bitterness, but it also gets nicely silly when describing colour, smell and taste. Take Everards' Tiger ale. It is now auburn or chestnut brown, smells of spicy hop and toffee, and has a sweet-bitter balance. Caledonian's Deuchars, meanwhile, is golden straw in colour and tastes of grapefruit and lemon sherbet. Then there is Burton bitter - pale amber, dry and biscuity, and smelling of something called Burton snatch.

Tony Jerome, of Camra, explained: "There are 2,500 real ales available. A scheme like this is needed to help people find what suits their taste buds."

There was general approval yesterday at Camra's annual drinkfest, the Great British Beer Festival at Earl's Court, west London. Peter Ballantyne, from Milton Keynes, agreed that beer really could taste of citrus.

"Anything that stops people just downing pints and makes them pay more attention to what they're drinking is good," he said.

Phil Mellows, a pub trade journalist, said the scheme could help real ale to fight back against the mass-produced beers, lagers and alcopops that dominate the market.

The British beer market, including pub and off-licence sales, amounts to about 33 million barrels a year. Real ale accounts for about seven to eight per cent of the total, down from a peak of 17 per cent in 1994.

Mike Benner, Camra's chief executive, said: "Beer is our national drink. It is ridiculous that people think you have got to have a glass of wine when you go to a restaurant."

Katherine Graham, from Vancouver, works in a gastropub in London where particular ales are suggested for particular dishes. "We recommend **Harvey's Sussex Best Bitter for haddock and chips**, Fullers 1845 for steak and Schneider Weisse for fish cakes." The day of the beer snob cannot be long away.

James was going to be married to Sally, so his worst boy sat him down for a little fireside chat. He says James, let me tell you something.

"On my wedding night in our honeymoon suite, I took off my pants and handed them to my new wife, and said, 'Here honey, try these on.' So she did and said, 'Well sweetie they're a little too big, I cant wear them.'

So I replied, 'Exactly. I wear the pants in this family and I always will.' Ever since that night we have never had any problems." "Hmmm..." says James. He thinks that might be a good thing to try.

So, on his honeymoon James takes off his pants and says to Sally, "Here babe, try these on." So she does and says, "These are too large, they don't fit me." So James says, "...exactly. I wear the pants in this family and I always will, and I don't want you to ever forget that."

Then Sally takes off her knickers and hands them to James and says, "Here, you try on mine. So he does and says, I can't get into your knickers."

So Sally says, "Exactly. And if you don't change your f*%king attitude, you never will"

Estate Agents Association



The Brighton & Hove Estate Agents' Association STANMER STAGGER

in association with



5 mile multi-terrain in beautiful Stanmer Park & Woods Saturday 23rd September 2006 10.00am Open run for all levels

Race Secretary: Anthony Whitehead, c/o Brighton & Hove Estate Agents Association, 78, St George's Road, Brighton BN2 1EF

Entry Fees: £5 affiliated to AAA/£7 non-affiliated* – cheques payable to BHEAA. Entries on the day £10. (We are asking all

Enquiries: call 01273 677365 (Paul) or email

stanmerstagger@yahoo.co.uk

SAE must be supplied for number and details

Signed......Date

BEACHY HEAD MARATHON – 28 October 2006

Thanks very much once again to all those who have assisted us so excellently in past years – and also to those of you have kindly offered to help this year for the first time. We couldn't put on an event of this nature without your valuable help.

For those of you who are new to the event, the main duties for volunteers are: **Staffing checkpoints** – this is largely the responsibility of Beachy Head Ramblers, Eastbourne Sea Cadets and the Rotary Club of Hailsham;

Marshalling around the course – this is normally done in pairs to cover road crossings (with Police Specials on main roads where possible) and points on the route which may be difficult for participants to follow. Marshals may be assigned to one point initially and then asked to move to another further along the course;

At the start/finish (St Bede's School, Dukes, Drive, Eastbourne) – handling baggage security, recording finishing times, giving out medals, handing out water, helping with refreshments, etc.

We will be putting together a schedule of these duties over the next few weeks. If you helped last year and wish to do the same again or would like to do something different we will gladly listen to your request. If you have only a limited time available to assist and/or a particular task/area which would be best for you then, once again, we will gladly listen. Alternatively, if you cannot help at all we would also like to know! It would help immensely with our schedule planning if you could let us know your availability, etc as soon as possible. Also, if you know anyone else who might like to help please ask them to get in touch with us immediately. Attached is a reply form for your convenience, which you can send to the above address.

There will be a meeting for all volunteers at 6pm on Tuesday 17 October in the International Lawn Tennis Centre at Devonshire Park. It is very important that as many volunteers as possible attend. We will present our schedule of duties, discuss any queries, hand out marshalling bibs, etc.

Looking forward to hearing from you all, and seeing you on 17 October!

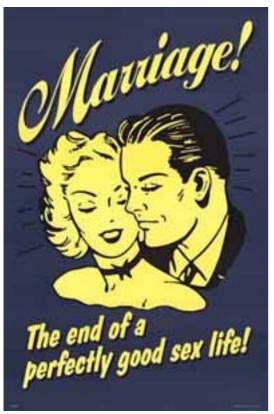
Yours sincerely

Hugh Graham, Event Manager 01323 646600 hgyc@mistral.co.uk Nicola Williams, Event Co-ordinator
01323 502907
nicola@williams2001.ndo.co.uk
**See over for form

BEACHY HEAD MARATHON, 28 October 2006

	Name:
	•••••••
	•••••
	Please read through the options below <u>carefully</u> and then delete/complete as applicable:
•	I have volunteered before.
•	This is my first time helping with the Marathon.
•	I am happy to do the same as last year.
•	I would like to do something different this year.
•	l am available all day.
•	I am available from to to
•	I would like to
•	I don't mind what I do!
•	I will attend the meeting on 18 October.
•	I am unable to attend the meeting on 18 October
•	Sorry, I can't help this year, but please keep me on your list.
•	Please contactwho would like to help.
	Contact details:

When you have completed this form please post to: BHM, PO Box 2608, Eastbourne, E Sussex BN20 8DZ or e-mail your reply to: nicola@williams2001.ndo.co.uk



Security 'bad news for sex drive'

Differences in sexual appetite may be driven by evolution A woman's sex drive begins to plummet once she is in a secure relationship, according to research.

Researchers from Germany found that four years into a relationship, less than half of 30-year-old women wanted regular sex. Conversely, the team found a man's libido remained the same regardless of how long he had been in a relationship.

Writing in the journal Human Nature, the scientists said the differences resulted from how humans had evolved. For men, a good reason their sexual motivation to remain constant would be to guard against being cuckolded by another male. The researchers from Hamburg-Eppendorf University interviewed 530 men and women about their relationships. They found 60% of 30-year-old women wanted sex "often" at the beginning of a relationship, but within four years of the relationship this figure fell to under 50%, and after 20 years it dropped to about 20%. In contrast, they found the proportion of men wanting regular sex remained at between 60-80%, regardless of how long they had been in a relationship.

Tenderness

The study also revealed tenderness was important for women in a relationship. About 90% of women wanted tenderness, regardless of how long they had been in a relationship, but only 25% of men who had been in a relationship for 10 years said they were still seeking tenderness from their partner.

Dr Dietrich Klusmann, lead author of the study and a psychologist from Hamburg-Eppendorf University, believed the differences were down to human evolution. He said: "For men, a good reason their sexual motivation to remain constant would be to guard against being cuckolded by another male." But women, he said, have evolved to have a high sex drive when they are initially in a relationship in order to form a "pair bond" with their partner. But, once this bond is sealed a woman's sexual appetite declines, he added. He said animal behaviour studies suggest this could be because females may be diverting their sexual interest towards other men, in order to secure the best combinations of genetic material for their offspring. Or, he said, this could be because limiting sex may boost their partner's interest in it.

Professor George Fieldman, an evolutionary psychologist from Buckinghamshire Chilterns University College, said: "These findings seem to fit in with anecdotal studies and his explanations seem plausible. The rational for why a woman's sex drive declines may be down to supply and demand. If something is in infinite supply, the perceived value would drop."

MARRIAGE IS MUCH LIKE COMMUNISM, IT WORKS BEST IN THEORY.

A young man is about to get married, and worried that he knows nothing about lovemaking approaches his father and says, 'Are there any tips you can give me dad as I'm worried what I'm going to do on the wedding night?' His father says to him reassuringly, 'Don't worry lad, just put your hand on her stomach when you're both in bed and tell her you love her.' The young man goes away, and on his wedding night when they're both undressed and in bed he puts his hand on her stomach and says, 'I love you.' She says, 'lower' and so he lowers his voice an octave and growls, 'I love you.'

MAKE LOVE, NOT WAR - HELL, DO BOTH, GET MARRIED!

A young couple were married, and celebrated their first night together, doing what newlyweds do, time and time again, all night long. Morning arrived and the groom went into the bathroom but couldn't find a towel when he emerged from the shower. He asked his bride to bring him one from the bedroom. When she got to the bathroom, he opened the door, exposing his body to his bride for the first time in the morning light. Her eyes went up and down and at about midway, they stopped and stared, and she asked shyly, "What's THAT?" pointing to a small part of his anatomy.

He, also being shy, thought for a minute and then said, "Well, that's what we had so much fun with last night."

And she, in amazement, asked, "Is that all we have left?"

I LOVE BEING MARRIED. IT'S SO GREAT TO FIND THAT ONE SPE-CIAL PERSON YOU WANT TO ANNOY FOR THE REST OF YOUR LIFE.

A couple had been married a week, and one morning after they were lying idly in bed after doing the deed.

"Darling," she cooed, toying with his limp todger, "didn't you say you were the only man with one of these?"

"That's right, love." "No, you've been telling fibs. Your brother has one too."

"Oh," stammered the bloke. "That was my spare one. I gave it to him."

"Silly man," she said. "You gave the best one away!"



MORE FROM THE WEDDING ALBUM...



A married couple is snuggling down in bed, the husband gently taps his wife on the shoulder and starts rubbing her arm. His wife turns over and says, 'i'm sorry honey, i've got a gynaecologist appointment tomorrow and i want to stay fresh.' her husband rejected, turned over and tries to sleep a few minutes later, he rolls back over and taps his wife again and asked. 'Do you have a dental appointment tomorrow too?'

Two Hashers were having a drink when one said; "I heard you and your wife split up, what happened?"

"Look," the other hasher answered. "Would you put up with someone throwing wild hash on-homes, getting in at all hours of the night and having dirty drunk hashers over to stay as long as they like?"

"Nope," the first bloke said. "I can't say I would."

"Neither would me wife" the other fella said. "So I left."

At Burger King an elderly couple ordered one burger, one order of fries and one coke with two glasses.

When they got to their booth, the man placed a napkin in front of himself and one in front of his wife, then proceeded to divide the fries, cut the burger in half and divided the coke equally.

A gentleman nearby noticed and offered to buy them another burger, fries and Coke.

The woman then said, "No you don't understand. We've been married over 50 years and all our life we agreed to split everything right down the middle."

Her husband then began eating, as she sat with her hands in her lap.

The gentleman nearby noticed and asked the lady why she wasn't eating.

She replied, "As I said before, we split everything right down the middle, and it's his day to use the teeth first."

A friend asked a gentleman why he never married? Replied the gentleman, "Well, I guess I just never met the right woman... I guess I've been looking for the perfect girl." "Oh, come on now," said the friend, "Surely you have met at least one girl that you wanted to marry." "Yes, there was a girl... once. I guess she was the one perfect girl; the only perfect girl I really ever met. She was just the right everything... I really mean that she was the perfect girl for me." "Well, why didn't you marry her," asked the friend. "She was looking for the perfect man."

A married couple was in a terrible accident where the woman's face was severely burned. The doctor told the husband that they couldn't graft any skin from her body because she was too skinny.

So the husband offered to donate some of his own skin. However, the only skin on his body that the doctor felt was suitable would have to come from his buttocks. The husband and wife agreed that they would tell no one about where the skin came from, and requested that the doctor also honor their secret. After all this was a very delicate matter. After the surgery was completed, everyone was astounded at the woman's new beauty.

She looked more beautiful than she ever had before! All her friends and relatives just went on and on about her youthful beauty! One day, she was alone with her husband, and she was overcome with emotion at his sacrifice. She said, "Dear, I just

want to thank you for everything you did for me. There is no way I could ever repay you."

"My darling," he replied, "think nothing of it. I get all the thanks I need every time I see your mother kiss you on the cheek.

Wedding Night...

A man and woman got married, and as they were old-fashioned, they had never had sexual relations. On their wedding night, as the man began to get undressed, his twisted and mangled toes came into view, causing his new bride to gasp.

"Oh," he said, "I should have told you before now, I contracted Tolio as a child."

"Tolio," she said, "don't you mean Polio?"

"No," he said, "look at my toes, I had a severe case of Tolio." The wife agreed with that.

As he continued to undress, his multi-coloured and deformed knees came into view, again causing his new spouse to gasp.

"After the Tolio, I contracted the Kneasles," the man said.

"Kneasles," his wife replied, "you don't mean Measles?"

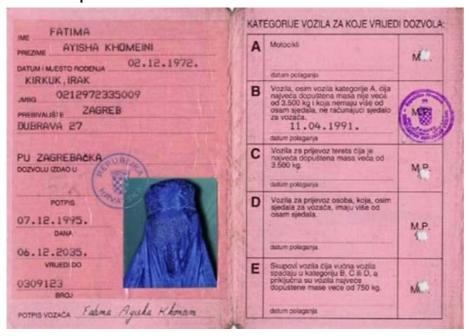
"No," he said, "look at my knees, I had the Kneasles."

As he continued to undress, taking off his pants, his wife cried out loud, "Oh my GOD, you caught the Small Cox, too!!!"



Bouquet - beautiful catch!

Where's the point? It's the hash Burkha!



Kay's garlic bread line voted best

Peter Kay's line in Phoenix Nights - "Garlic bread, it's the future, I've tasted it" - has been named the greatest one-liner in TV comedy history.

Uttered by wheelchair-bound nightclub owner Brian Potter, it beat other memorable favourites from the likes of Only Fools and Horses, Blackadder and Fawlty Towers. The Mrs Merton Show, where the acidtongued pensioner played by Caroline Aherne asks Debbie McGee: "So, what first attracted you to millionaire Paul Daniels?", takes second place. (Advertisement) Next is The Office, where Ricky Gervais' creation David Brent launches another desperate attempt to boost his credentials as a cool boss. He tells his employees: "If you were to ask me to name three geniuses, I probably wouldn't say Einstein, Newton... I'd go Milligan, Cleese, Everett, Sessions..." Fourth in the poll, commissioned by UKTV

Gold, is Father Ted, where actor Dermot Morgan utters the line: "I'm not a fascist. I'm a priest. Fascists dress up in black and tell people what to do. Whereas priests... more drink?"

The survey put Rowan Atkinson's Edmund Blackadder in fifth place, with the vitriolic butler uttering: "He's mad! He's mad. He's madder than Mad Jack McMad, the winner of this year's Mr Madman competition."

In sixth place is Only Fools And Horses, where street cleaner Trigger (Roger Lloyd-Pack) speculates on the name of Del Boy's new baby and continues a lifelong habit of thinking that Rodney's name is Dave. "If it's a girl they're gonna name it Sigourney after an actress, and if it's a boy they're gonna name him Rodney after Dave," he says.

Absolutely Fabulous, and PR woman Patsy's (Joanna Lumley) typically catty remark: "One more facelift on this one and she'll have a beard" is seventh. Fawlty Towers takes eighth place, with John Cleese's hotel proprietor Basil Fawlty responding to two guests speaking to him in German by saying: "Oh, German. I'm sorry, I thought there was something wrong with you."

I'm Alan Partridge (Steve Coogan) is ninth with his message relayed to his downtrodden secretary over his hands-free kit while he aimlessly drives around Norwich: "I'm going nowhere, Lynn. Quite literally, I'm on the ring road."

The Vicar of Dibley takes the last spot in the top 10, with Geraldine Granger (Dawn French) making her village debut as new priest, by announcing: "You were expecting a bloke with a beard, a bible and bad breath. You've got a babe with a bob cut and a magnificent bosom."

Popular curry spice is a brain booster 04 August 2006 From New Scientist Print Edition.

Call it yellow ginger, haldi, turmeric or E100, the yellow root of Curcuma longa, a staple ingredient in curry, is turning out to be gratifyingly healthy.

Now Tze-Pin Ng and colleagues at the National University of Singapore have discovered that curry eating seems to boost brain power in elderly people.

Curcumin, a constituent of turmeric, is an antioxidant, and reports have suggested that it inhibits the build-up of amyloid plaques in people with Alzheimer's.

Ng's team looked at the curry-eating habits of 1010 Asian people unaffected by Alzheimer's and aged between 60 and 93, and compared their performance in a standard test of cognitive function, the Mini Mental State Examination.

Those people who consumed curry "occasionally" (once or more in 6 months but less than once a month) and "often" (more than once a month) had better MMSE results than those who only ate curry "never or rarely" (American

Journal of Epidemiology, DOI: 10.1093/aje/kwj267). "What is remarkable is that apparently one needs only to consume curry once in a while for the better cognitive performance to be evidenced," says Ng, who says he wants to confirm the results, possibly in a controlled clinical trial comparing curcumin and a placebo.

From issue 2563 of New Scientist magazine, 04 August 2006, page 18

Department strange world records



Last week nearly 4000 mothers set a new world record for 'most women breast feeding their children at the same time' at the Sports Arena in Manila Philippines.

According to the organisers the group sucking went on for at least five minutes and the result sent to the Guinness Book of Records. This beat the previous world record of 1135 mothers at Berkeley California in 2002.

 prince phillip quotes and gaffes - Also known as the 'consort's clangers'.. (Thanks to Don for this)

(1967 When asked if he would like to visit the Soviet Union) "The bastards murdered half my family.."

(1981 A comment during the UK's recession) "Everybody was saying we must have more leisure. Now they are complaining they are unemployed.."

(1982 To Solomon Islanders, on being told that their population growth was 5% a year) "You must be out of your minds.."

(1984 On receiving a gift from a Kenyan native woman) "You are a woman aren't you?.."

(1986 To a group of British students in China) "If you stay here much longer you'll all be slitty-eyed.."

(To a Cayman Islander) "Aren't most of you descended from pirates?.."

(c. 1990 To a British expat in Hungary) "You can't have been here that long, you haven't got a potbelly yet.."

(c. 1990, attributed, allegedly when replying to a question as to what type of work he did) "I am self-employed.."

(1995 To a Scottish driving instructor in Oban) "How do you keep the natives off the booze for long enough to pass their test?" (1998 To a student who'd trekked in Papua New Guinea) "You managed not to get eaten then?.."

(1988, in The Observer) "I don't think a prostitute is more moral than wife, but they are doing the same thing.."

(1999 On seeing a fuse box while being shown around an Edinburgh factory) "It looks as though it was put in by an Indian.."

(2002 To a school band in Cairns, Australia) "You were playing your instruments weren't you?, or do you have tape recorders under your seats?.."

(2002 To an Aboriginal man on Australia's Tjapukai Aboriginal Cultural Park) "Do you still throw spears at each other..?

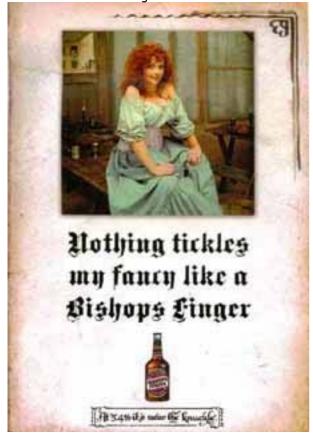
(2002 Commenting during the Jubilee tour) "If you travel as much as we do you appreciate how much more comfortable aircraft have become. Unless you travel in something called economy class, which sounds ghastly.."

(2002 Commenting on the London traffic debate, after mayor Ken Livingstone forced through his plan to charge motorists £5 to enter the city) "The problem with London is the tourists. They cause the congestion. If we could just stop tourism we could stop the congestion.."

(Summer 2002 Aboard the floating restaurant 'Il Punto' on the river Orwell in Ipswich, after thoroughly enjoying an excellent full English breakfast) "French cooking's all very well, but they can't do a decent English breakfast..." (Il Punto is owned by Frenchman Regis Crepy..)

(2003 visiting a school, asking a tubby little boy what he wanted to be when he grows up, and being told, 'an astronaut') "You'll

have to lose a bit of weight first.."



PERKS OF BEING OVER 50

- 1. Kidnappers are not very interested in you.
- 2. In a hostage situation you are likely to be released
- 3. No one expects you to run anywhere.
- 4. People call at 9 pm and ask, " Did I wake you ???"
- 5. People no longer view you as a hypochondriac.
- 6. There is nothing left to learn the hard way.
- 7. Things you buy now won't wear out.
- 8. You can eat dinner at 4 pm if you choose.
- 9. You can live without sex but not your glasses.
- 10. You get into heated arguments about pension plans.
- 11. You no longer think of speed limits as challenge.
- 12. You quit trying to hold your stomach in, no matter who walks into the room.
- 13. You sing along with elevator music.
- 14. Your eyes won't get much worse.
- 15. Your investment in health insurance is finally beginning to pay off.
- 16. Your joints are more accurate meteorologists than the national weather service.
- 17. Your secrets are safe with your friends because they can't remember them either.
- 18. Your supply of brain cells is finally down to manageable size.
- 19. You can't remember who sent you this list. ... and you'll notice it's all in Big Print for your convenience.



... and Pissti with an ex-girlfriend. (here wait a minute... Ed.)

Andy Rooney on:

Vegetarians: "Vegetarian - that's an old Indian word meaning 'lousy hunter.'"

Fabric Softener: My wife uses fabric softener. I never knew what that stuff was for. Then I noticed women coming up to me, sniffing, then saying under their breath, "Married!" and walking away. Fabric Softeners are how our wives mark their territory. We can take off the ring, but it's hard to get that April fresh scent out of your clothes.

Morning Differences: Men and women are different in the morning. We men wake up aroused in the morning. We can't help it. We just wake up and we want you. And the women are thinking, 'How can he want me the way I look in the morning?' It's because we can't see you. We have no blood anywhere near our optic nerve.

Phone-In-Polls: You know those shows where people call in and vote on different issues? Did you ever notice there's always like 18% that say "I don't know." It costs 90 cents to call up and vote and they're voting "I don't know." Honey, I feel very strongly about this. Give me the phone. (Says into phone) "I DON'T KNOW!" (Hangs up looking proud.) Sometimes you have to stand up for what you believe you're not sure about." This guy probably calls up phone sex girls for \$2.95 to say, "I'm not in the mood."

Cripes: My wife's from the Midwest. Very nice people there. Very wholesome. They use words like 'Cripes'. 'For Cripe's sake.' Who would that be -- Jesus Cripe's? The son of 'Gosh' of the church of 'Holy Moly'? I'm not making fun of it. You think I wanna burn in 'Heck'?

Andy Rooney On Answering Machines: Did you ever hear one of these corny, positive messages on someone's answering machine? "Hi, it's a great day and I'm out enjoying it right now. I hope you are too. The thought for the day is: "Share the love." Beep. "Uh, yeah...this is the VD clinic calling....Speaking of being positive, your test results are back. Stop sharing the love."

A couple had been married for 50 years. They were sitting at the breakfast table one morning when the wife says, "Just think, fifty years ago we were sitting here at this breakfast table together." "I know," the old man said, "We were probably sitting

here naked as jaybirds fifty years ago." "Well," Granny snickered, "Let's relive some old times." Whereupon the two stripped to the buff and sat down at the table. "You know, honey," the little old lady breathlessly replied, "My nipples are as hot for you today as they were fifty years ago." "I wouldn't be surprised," replied Gramps. "One's in your coffee and the other is in your oatmeal."

A couple had been married 20 years, and every time the couple made love the husband insisted on shutting the lights off. Well after 20 years the wife felt this was stupid. She figured she would break him out of this crazy habit. So one night while they were in the middle of making love, she turned the lights on. She looked down and saw her husband holding a cucumber. "You impotent bastard!!" she yelled" How could you have lied to me all these years? You had better explain yourself!!"

The husband looked her straight in the eyes and said, "I'll explain the cucumber if you explain the three kids."

- * "It's just too hot to wear clothes today," Jack says as he stepped out of the shower, "honey, what do you think the neighbours would think if I mowed the lawn like this?" "Probably that I married you for your money," she replied.
- A man is incomplete until he is married. After that, he's finished.

1. Get out condom 2. Check air bubble 3. Check Expiration date 4. Gently open 5. Pinch condom by tip 6. Hold tip gently with teeth 7. Purse lips

9. Roll down gently

8. Place lips on head of penis

MARRIAGE IS...



A woman comes home and tells her husband, "Remember those headaches I've been having all these years? Well, they're gone." "No more headaches?" the husband asks, "What happened?"

thinking of her only

His wife replies, "Margie referred me to a hypnotist. He told me to stand in front of a mirror, stare at myself and repeat 'I do not have a headache; I do not have a headache, I do not have a headache.' It worked! The headaches are all gone."



he comes home

The husband replies, "Well, that is wonderful."

His wife then says, "You know, you haven't been exactly a ball of fire in the bedroom these last few years. Why don't you go see the hypnotist and see if he can do anything for that?"

The husband agrees to try it. Following his appointment, the husband comes home, rips off his



being together now and forever ..

clothes, picks up his wife and carries her into the bedroom.

He puts her on the bed and says, "Don't move, I'll be right back." He goes into the bathroom and comes back a few minutes later and jumps into bed and makes passionate love to his wife like never before.

His wife says, "Boy, that was wonderful!"

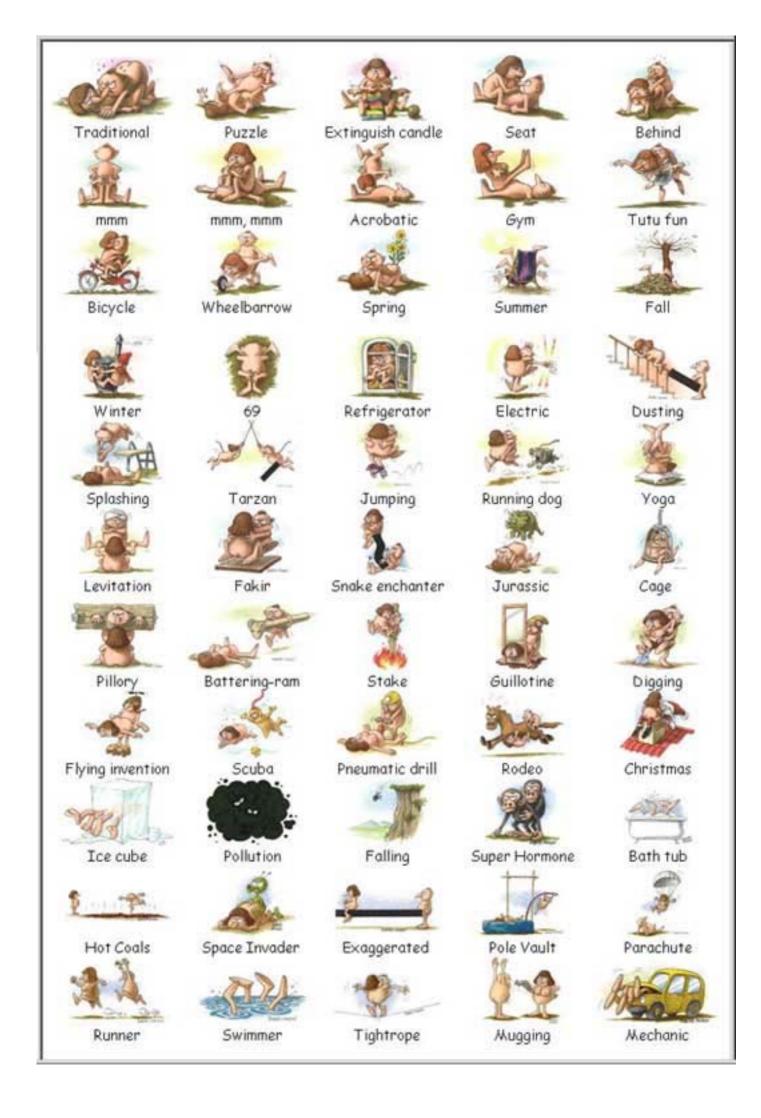
The husband says, "Don't move! I will be right back."

He goes back into the bathroom, comes back and round two was even better than the first time. The wife sits up and her head is spinning.

Her husband again says, "Don't move, I'll be right back."

With that, he goes back in the bathroom. This time, his wife quietly follows him and there, in the bathroom, she sees him standing at the mirror and saying, "She's not my wife. She's not my wife. She's not my wife!"

His funeral services will be held on Monday.



VERY IMPORTANT ANNOUNCEMENT

The Center for Disease Control has released a list of symptoms of bird flu.

If you experience any of the following, please seek medical treatment immediately:



1/ High fever 2/ Congestion 3/ Nausea 4/ Fatigue

5/ Aching in the joints

6/ An irresistible urge to crap on someone's windshield



Ooops, who can save us now!



One day Jane met Tarzan in the jungle. She was very attracted to him and during her questions about his life she asked him how he managed for sex.

"What is sex" he asked. She explained to him what sex was and he said, Oh, Tarzan use hole in trunk of tree."

Horrified, she said, "Tarzan you have it all wrong but I will show you how to do it right." She took off her clothes, laid down on the ground and presented herself properly. "Here," she said, "you must put it here."

Tarzan removed his loincloth, stepped closer and suddenly gave her an almighty kick in the crotch and then, watching closely, stepped back.

Jane rolled around in agony. Eventually she managed to gasp, "What the hell did you do that for?"

He replied, "Tarzan check for bees"

Tarzan lumbered home after a hard day's work just in time to see a crocodile snap one of his 15 kids off the riverbank. "Hey, Nibbs," he yelled, "Did you see that?" "Oh come to bed," Nibbs shouted back, "and we'll make another one."

The next day, as Tarzan was making his way home again, it happened once more. A

crocodile came out of the river and grabbed one of his kids. Nibbs was not in the least bit concerned when Tarzan brought it to her attention. "Let's go to bed and make another one," she said. "No way!" Tarzan boomed, stamping his feet. "I'm not working all day and f*cking all night just to feed the bloody pet crocodiles!"

A farmer and his wife were lying in bed one evening, she was knitting, he was reading the latest issue of Animal Husbandry. He looks up from the page and says to her,

"Did you know that humans are the only species in which the female achieves orgasm?"

She looks at him wistfully, smiles, and replies, "Oh yeah? Prove it."

He frowns for a moment, then says, "O.K."

He then gets up and walks out, leaving his wife with a confused look on her face. About half an hour later he returns all tired and sweaty and says,

"Well, I'm sure the cow and sheep didn't, but the way that pig squealed, it's hard to tell?"

Tony was delighted when he found a young woman who accepted his proposal of marriage as he was sensitive about his wooden leg and a bit afraid no one would have him. In fact, he couldn't bring himself to tell his fiancée about his leg when he slipped the ring on her finger, nor when she bought the dress, nor when they picked the time and place.

All he kept saying was, "Darling, I've got a big surprise for you," at which she blushed and smiled bewitchingly. The wedding night came and went, and the young couple were at last alone in their hotel room.

"Now don't forget, Tony, you promised me a big surprise," said the bride. Unable to say a word, Tony turned out the lights, unstrapped his wooden leg, slipped into bed, and placed his wife's hand on the stump.

"Hmmmmm," she said softly, "that IS a surprise. But pass me the Vaseline and I'll see what I can do!"

